

Happiness Academy
& School of Freedom

PROGRAM OF THE DAY

ONLINE DISCOVERY DAY
DECEMBER 4 2021 ON ZOOM

THEME: LOVING OUR DIFFERENCES

For over 40 years, over 100 000 people across the globe have attended the Happiness Academy. Scientists, doctors, artists, authors, and philosophers – all Guides within the Raelian movement, come together to shed light on topics like happiness, awakening, and the art of meditation. A School of ultimate Freedom, free of charge and for all to enjoy!

Saturday, Dec. 4, 10am-12.30pm (CEST)

Loving our differences! Loving vs. judging
10am-10.30am

By Clémence Linard, M.A Ed., sexologist



5 steps towards Happiness
10.30am-11am

By Dr Dennis van Dorp, senior researcher



Dare to be different!
11.am-11.30am

By Sandra Martinsson, Manager Travel Trade



Sensual Meditation & Awakening Stairs
11.30am-12.pm

By Antoine Berner, MSc, Computer scientist



Practicing Meditation: Infinity Meditation
12pm-12.30pm

By Roberta Pucci, Comedian



Lunch break
12.30pm-13pm



Register here

www.rael.org/events/happiness-academy-school-of-freedom

WWW.RAEL.ORG

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Saturday, Dec. 4, 13.30pm-17pm (CEST)

Freedom - To be ourselves and overcome our fears!

13.30pm-14pm

By Dr Marcus Werner, Ph.D, neuroscientist



Art, Freedom & Happiness

14pm-14.30pm

By Gyom Demba, Choreographer



Refinement, being gentle with others

14.30pm-15pm

By Alexandra Nanchen, Meditation teacher



Love of silence & silence of love

Practicing meditation: Meditation for Peace

15pm-15.30pm

By Giovanni Ottaviani, Author



"What is fulfillment?"

15.30pm-16pm

By Glenn Carter, Actor, singer-songwriter



Dance for no reason!

16pm-16.30pm

By Dr John Reid, MD



The After - Q&A to speakers

16.30pm-17pm

NEXT EVENTS

The Online Discovery Series Continues

February 12, 2022 Special Sensual Meditation Discovery Day

June 18-19, 2022 Discovery Weekend

Two real face to face group Events

March-April, 2022 Spring Tour - Local Happiness Academies & Schools of Freedom

1st week of August, 2022 European Happiness Academy in a beautiful setting

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